

Dippin' in a G's Diet



1.Intro(Soul Food) Goodie Mob

2. Midnight Hoes KIngpin Skinny Pimp

3. Doin Thangs Big Bear

4.New Day South Circle

5.Fat Cats, Bigga Fish The coup

6.Body Bag Dr Doom

7.Human Beat Box Fat Boys

8.Joke's On you Jack Kid Capri

9.CD Livin Sweet P

10.B4IGO Flow E-Z

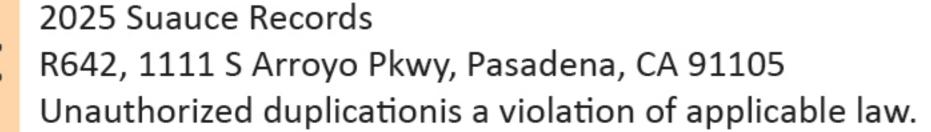
11.Top Of Tha Line Nigga Big Tymers

12.My Block Lil Flip

13.Take A Sip Mr Serv On

14.One Beer MF Doom

15.Long Story Kingpin Skinny Pimp

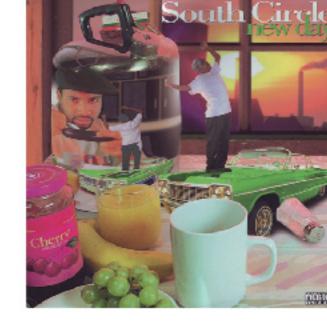


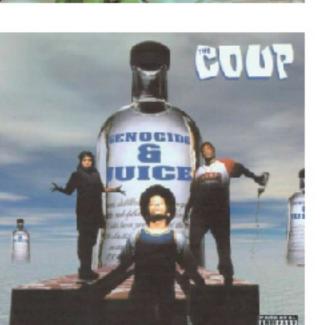


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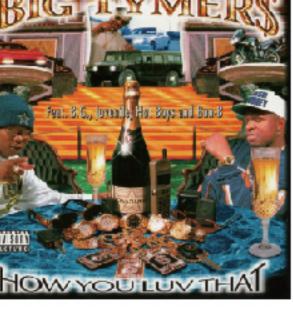
Look, listen and learn As mob moves back to dangerous's grip He borns in CD









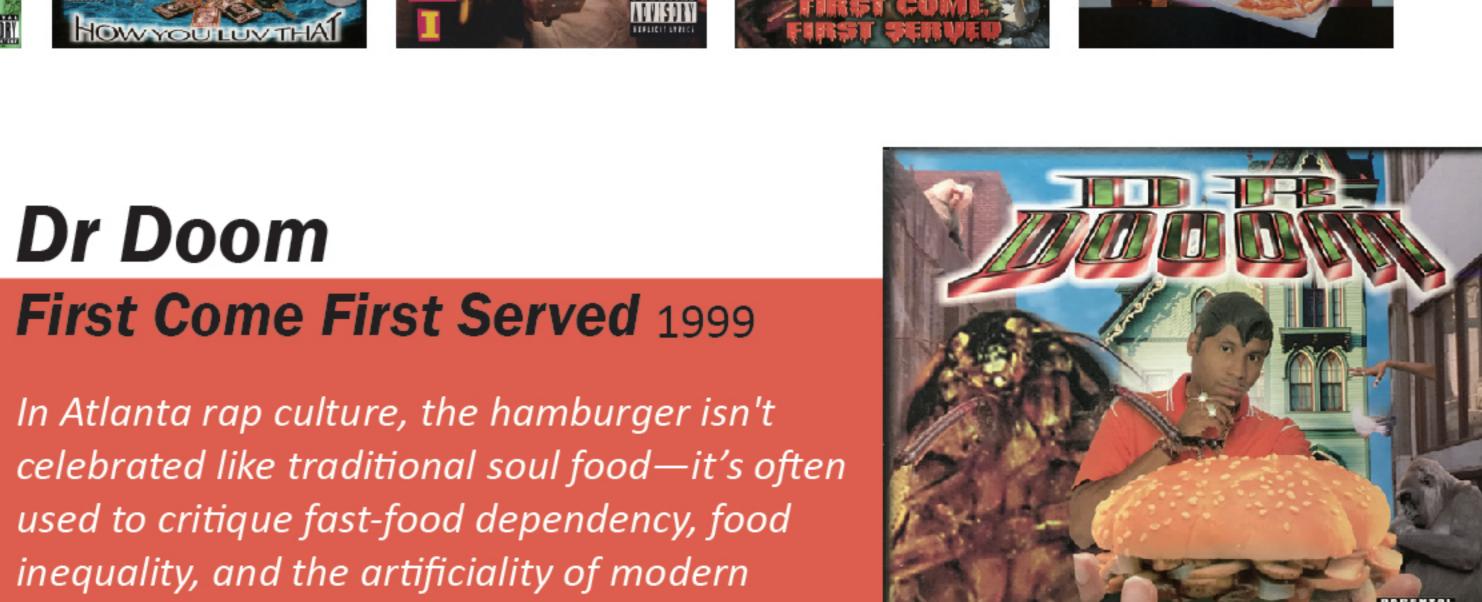


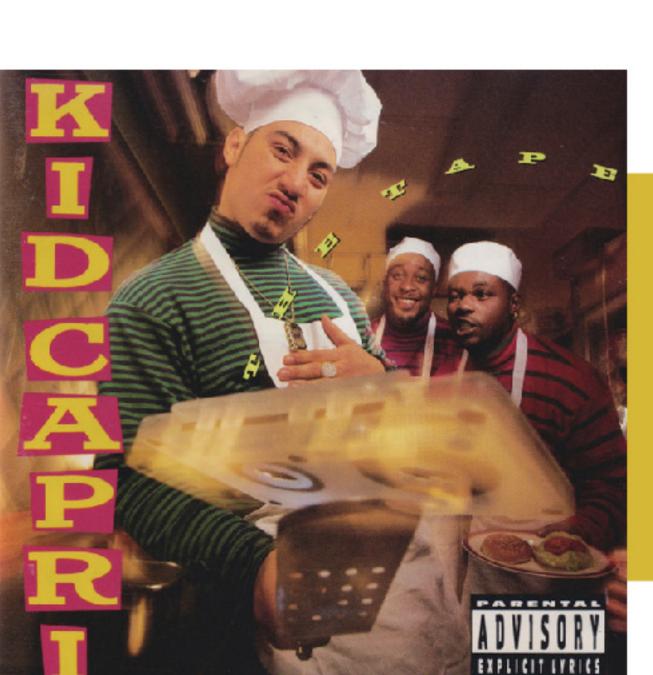
Dr Doom

consumer life.









Kid Capri The Tape 1991

Money made through hustle—"eating money" as 💯 in making a living and thriving.

MC feeding themselves from their own success.



Fruit, nuts, and champagne in Doin Thangs aren't just props—they reflect Black Southern abundance, cultural 🌠 pride, and the satire of success.

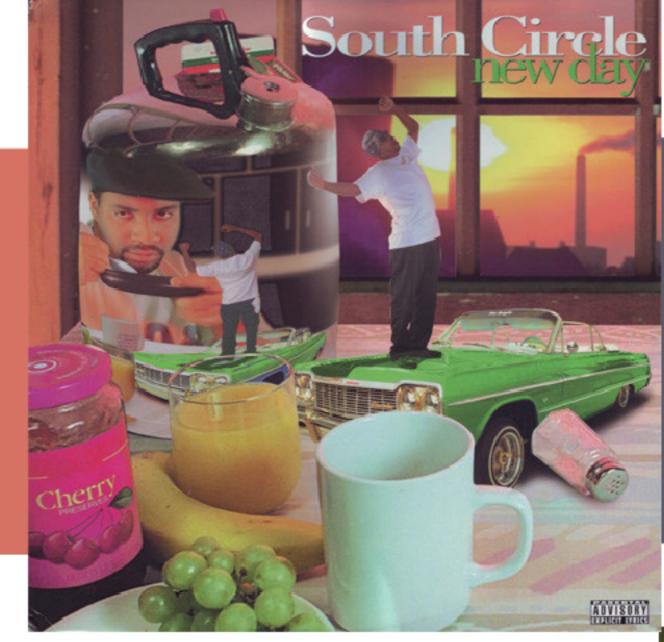
Big Bear





New Day 1995

A traditional African American breakfast marks the start of a new day—another round in the hustle. The MC cherishes each moment, knowing the question always lingers: will I live to see tomorrow?

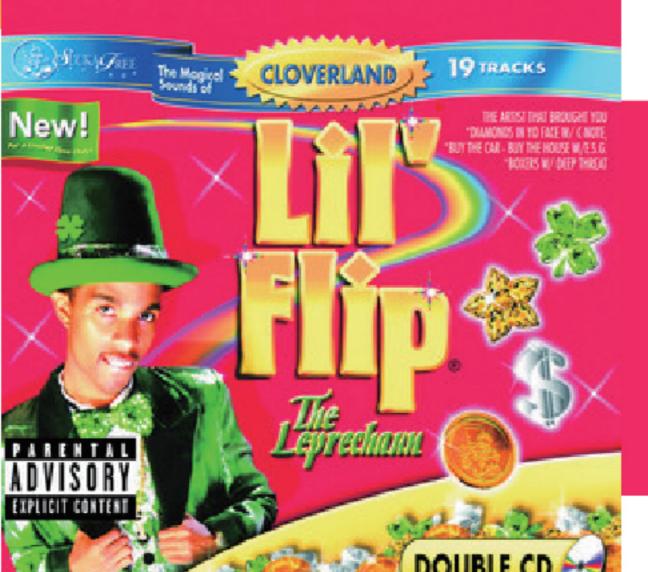


Flow E-Z

Overseasoned 2003

Life's rough. Flow stay smooth while we grind to eat. 'Overseasoned' means too much heat—pain, drama, all that fire packed into one life.





Lil Flip

Leprechaun 2000

Lucky Charms relates to African American eating culture through its affordability and role as a

Reflecting practical and cultural preferences shaped by economic realities and media influence.

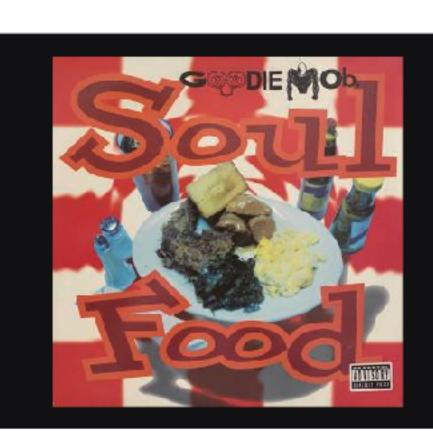


Goodie Mob

Soul Food 1995

Collard greens, cornbread, fried chicken, and macaroni and cheese.

Adapted from slave-era cooking cultural and spiritual feast, offering listeners a taste of their Atlanta roots.



MF Doom

MM...Food 2004

A common pantry staple—cheap, filling, and heavily marketed to urban and low-income

Iconic in Black households—especially in the '90s and 2000s—represented a fast, affordable breakfast for school-age kids.

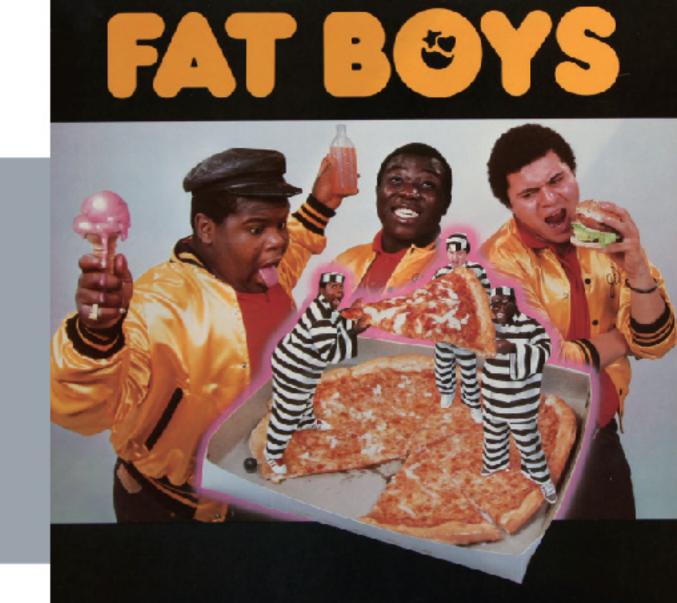


Fat Boys

Fat Boys 1984

The pizza motif underscores their lighthearted approach to serious artistry.

Pioneers of hip-hop who blended humor, beatboxing, and street credibility.

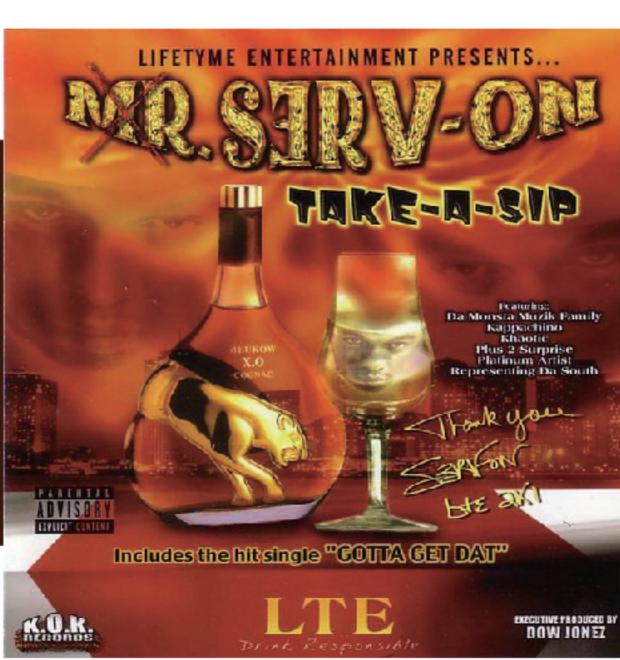


Mr Serv-On

Take-A-Sip 2001

In African American communities, cognac often appears at gatherings like barbecues or milestone celebrations.

With African American spending power reaching \$1.4 trillion by 2025 estimates.

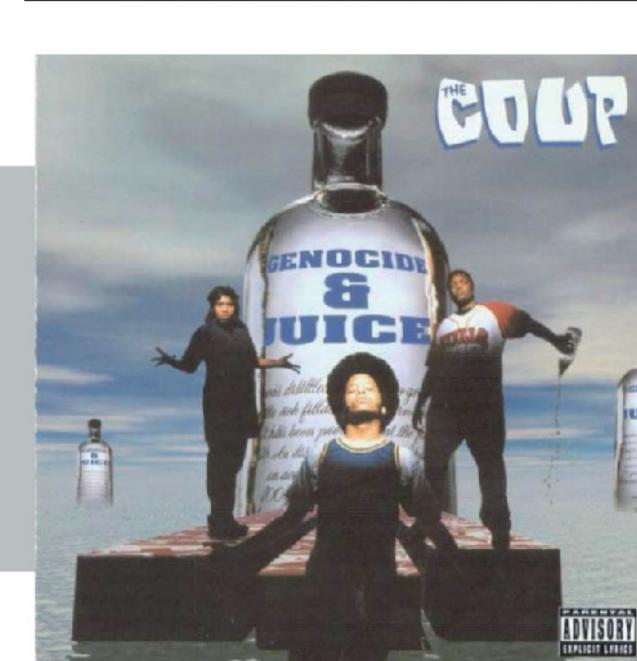


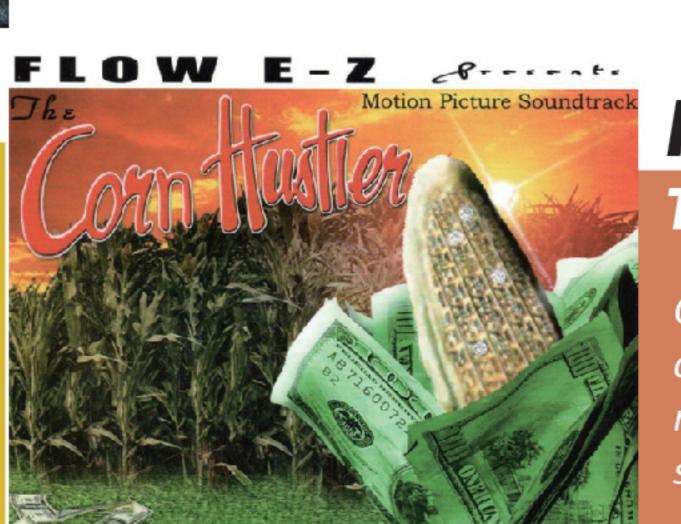
The Coup

Genocide&Juice 1994

The promotion of vodka brands by prominent Black figures is seen as political acts.

In African American slang and hip-hop culture, "juice" can also mean influence, power, or respect





Flow E-Z

The Corn Hustler 2000

Corn's been survival food—grits, cornbread, all that. In rap, it's roots and real life—came up broke, fed on soul, still spittin' heat.



Sweet P

I Toast Myself 2001

Sweet like his name.

A sweet fruit cocktail symbolizes the juicy, funky production and the smooth, flowing delivery of the MC

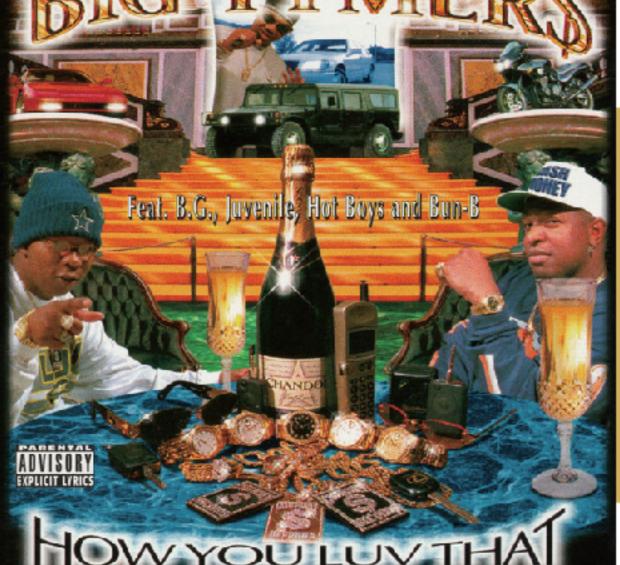


Big Tymers

How You Luv That 1997

Chandon's sparkling wines became popular in W Coast and urban nightlife.

artists and consumers explored alternatives,



Kingpin Skinny Pimp

King of Da Playaz Ball 1996

Cristal champagne became deeply intertwined with African American lifestyle and rap culture as a symbol of wealth, defiance, and celebration.

Reflecting a broader African American narrative of resilience and success.



